

Spice Substitution Chart

Herb Substitutions	
Basil	Oregano or thyme
Chervil	Tarragon or parsley
Chive	Green onion; onion; or leek
Cilantro	Parsley
Italian Seasoning	Blend of any of these: basil, oregano, rosemary, and ground red pepper
Marjoram	Basil; thyme; or savory
Mint	Basil; marjoram; or rosemary
Oregano	Thyme or basil
Parsley	Chervil or cilantro
Poultry Seasoning	Sage plus a blend of any of these: thyme, marjoram, savory, black pepper, and rosemary
Red Pepper	Dash bottled hot pepper sauce or black pepper
Rosemary	Thyme; tarragon; or savory
Sage	Poultry seasoning; savory; marjoram; or rosemary
Savory	Thyme; marjoram; or sage
Tarragon	Chervil; dash fennel seed; or dash aniseed
Thyme	Basil; marjoram; oregano; or savory